Capital Academy Fact Sheet

**Purpose**

The purpose of the Capital Academy is to allow access to quality coaching and to create a community for junior bowlers to come together and play. The Capital Academy serves as a junior pathway designed to develop junior’s skills and help meet their competitive needs to ensure a successful long-term involvement in the sport of bowls.

**Philosophy**

Bowls ACT believes that to ensure the continued participation and development of Juniors we need to create a space where Junior players feel welcomed and encouraged to continue their development. The philosophy of the Capital Academy will be to develop a growth mindset where the focus is on the individual’s development not only as a bowler, but as a part of the wider community. The Academy will incorporate the principles of Bowls Australia’s Jackaroos Program to align our pathway with Bowls Australia.

**Targeted performance Indicators**

*Physical –* Maximising performance through physical wellbeing.

*Emotional –* Developed mental strength and general wellbeing.

*Social –* Healthy life balance

*Tactical –* Developing tactical knowledge though experience and education.

*Technical –* Highly developed technical ability.

*Training –* Targeted skill development through organised training.

**2022 Australian U18 Championships**

The Australian under-18 Championships is Bowls Australia’s only junior national event of the year. Bowls ACT will look to send five girls and five boys to represent the state. U18 Pairs and Triples Boys and U18s Singles and Fours Girls will take place on the 30th of September. U18 Pairs and Triple Girls and U18 Singles and Fours Boys will take place on the 1st of October. Bowls ACT will cover the cost of travel and accommodation for players and two chaperones for the event.